

About Focus Sustainability

[Focus Sustainability](#) is the national centre for student engagement in sustainability. The centre is a co-creation by the Swiss Association of Student Organisations for Sustainability ([VSN](#) | [FDD](#) | [FSS](#)) and the Swiss Student Union ([VSS](#) | [UNES](#) | [USU](#)).

Our Vision

The VISION of Focus Sustainability is that all students in Switzerland are inspired and empowered to make a long-term commitment to sustainability. Students and higher education institutions should work together with social actors to drive the transformation towards a sustainable higher education landscape and society. Focus Sustainability's offers are open to all students at Swiss higher education institutions and are free of charge.

Our Mission

The higher education landscape and society should become more sustainable. Higher education graduates are future decision-makers by assuming responsible positions in their professional careers. The young generation should assume social responsibility, actively participate in social processes, and proactively shape the living environment of tomorrow. In this sense, the MISSION of Focus Sustainability is to inspire students at Swiss higher education institutions to get actively involved in sustainability and to support committed students in becoming even more effective advocates for sustainability. To promote student engagement in sustainability in the best possible way, Focus Sustainability works in partnership with stakeholders from higher education institutions and society.

Focus Sustainability supports and inspires students in the realisation and advancement of their sustainability ideas through a variety of offers such as information, training, and support services. The competences for sustainability as well as the strengthened self-efficacy, which are in the foreground, can also be transferred to their professional life. In addition, Focus Sustainability promotes dialogue by networking students with each other and with stakeholders from the higher education sector and society. Focus Sustainability creates networks that make it possible to share experiences. Furthermore, Focus Sustainability supports higher education institutions across Switzerland through networking and exchange initiatives to learn from and with each other to promote student engagement with sustainability in the best possible way.

Contact

For further information or questions, please contact info@focus-sustainability.ch.

Follow Focus Sustainability on [Instagram](#) and [LinkedIn](#).

Sign up for the newsletter of Focus Sustainability [here](#).

Offers — Autumn Semester 2024

This autumn semester 2024, Focus Sustainability offers five workshops. They are **free of charge** for all students. For further information and registration check: <https://focus-sustainability.ch/events>

START Coaching Programme 2024

Interested to engage in sustainability and kickstart a project? Need help finding your idea and getting started? Find a team, receive personalised coaching, and develop your skills to make a real impact. Register now for our START Coaching Programme!

- Duration: 2nd October to 27 November
- Location: Bern and online
- Registration: By Wed, 25th September
- Language: English

Design Thinking (Part of the START Coaching Programme)

Ready to start your sustainability journey? Join our Design Thinking workshop and explore a creative, people-focused approach to developing impactful project ideas. Register now for our START Coaching Programme 2024!

- Date: Tue, 2nd October, 6:00pm-7:30pm
- Location: Bern
- Registration: By Wed, 25th September
- Language: English

Communiquer Pour Mieux Collaborer: Introduction à la Communication NonViolente

Plonge dans l'univers inspirant de la Communication NonViolente. Viens découvrir des clés de communication au service de ton engagement associatif ou académique. Développe ta capacité d'écoute et de compréhension, et transforme tes relations !

- Date: Mer, 9 octobre, 19:00-21:15
- Lieu: EPFL, Lausanne
- Inscription: Jusqu'au lun, 7 octobre
- Langue: Français

Be Inspired with Student Minds Network, youngCaritas and act now!

Interested to connect with organisations and movements that act for sustainability? This workshop is your gateway! Meet and discuss with inspiring people working for a fairer and more sustainable society!

- Date: Wed, 16th October, 6:30pm-8:00pm
- Location: Online
- Registration: By Mon, 14th October
- Language: English

Introduction to System Change with Collaboratio Helvetica

Curious to learn how we can transform entire systems to tackle climate change, social inequality and economic instability? Join us to discover the secrets of systemic change and learn how to tackle today's most complex problems with an awareness-based approach!

- Date: Tue, 22nd October, 6pm-7:30pm
- Location: Online
- Registration: By Mon, 21st October
- Language: English

Student Engagement without Burning Out

Interested to learn how to avoid the mental exhaustion or burnout often linked to sustainability engagement? Join us for a workshop with Seraina from the Student Minds Network, dedicated to advocating for student mental health in Switzerland.

- Date: Wed, 6th November, 6:30pm-8:00pm
- Location: Online
- Registration: By Mon, 4th November
- Language: English